



Downers Grove Grade School District 58
We Envision. We Seek. We Believe.

Herrick Middle School

O'Neill Middle School

Downers Grove School District 58

Student Physicals for Interscholastic Sports/Cheerleading

Herrick and O'Neill Middle School offer six interscholastic sports and cheerleading each year. Cross-country and track are open to any student. Boys' and girls' basketball and volleyball, as well as cheerleading are tryout sports and have a limited number of participants due to space issues. Any student wishing to participate in an interscholastic sport or cheerleading must have a physical examination before they will be allowed to practice with the team. Physicals are not required for tryouts. Physicals are good for one calendar year and parents are encouraged to schedule physicals over the summer whenever possible. The physical form at the bottom of this page must be returned to the coach or sponsor as proof of a physical exam. More information about our athletic and cheerleading programs is available in the student handbook.

_____ is physically able to participate in competitive sports.
(Student's Name - Please print)

Please circle the appropriate information:

Grade Level: 7 8

Gender: M F

School: Herrick O'Neill

(Physician's Name - Please print)

(Physician's Signature)

Date

My child has permission to participate in athletic contests sponsored by the school.

(Parent Name - PLEASE PRINT)

(Parent's Signature)

Date